

Curriculum Vitae

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Marit Watson, OTD, OTR/L, PMH-C

Contact Information

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Program in Occupational Therapy
Washington University School of Medicine
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Present Position

2022 – present Instructor of Occupational Therapy and Medicine
Program in Occupational Therapy
Washington University School of Medicine, St. Louis, MO

Education

Undergraduate

1999 BS; Colorado State University, Fort Collins, CO

Graduate

2019 Post-Professional OTD; Creighton University, Omaha, NE

Academic Positions / Employment:

2019 – 2022 Adjunct Faculty, Department of Psychology
McKendree University, Lebanon, IL

2019 – 2022 Lecturer, Program in Occupational Therapy
Washington University School of Medicine, St. Louis, MO

2020 – 2022 Adjunct Faculty, Department of Occupational Science and Occupational Therapy
Saint Louis University, St. Louis, MO

2021 – 2022 Independent Contractor, Department of Health and Rehabilitation Sciences
University of Nebraska Medical Center, Omaha, NE

2022 – present Instructor, Occupational Therapy and Medicine (PDA),
Program in Occupational Therapy
Washington University School of Medicine, St. Louis, MO

Clinical Title and Responsibilities

2000-2001	Orthopedic Assistant Pediatrics Denver Orthopedic Specialists, Denver, CO
2000-2003	Occupational Therapist (Per Diem) Inpatient Acute St. Anthony Central Hospital, Denver, CO
2001-2003	Occupational Therapist / Team Leader Skilled/Assisted Nursing CPR Therapies, Inc., Colorado Springs, CO
2002-2003	Occupational Therapist (Per Diem) Inpatient Rehabilitation HEALTHSOUTH Rehabilitation Hospital, Colorado Springs, CO
2003-2005	Occupational Therapist Outpatient Hand Therapy/Neurology, Inpatient Acute NorthBay Healthcare, Fairfield/Vacaville, CA
2005-2005	Occupational Therapy Supervisor Outpatient and Inpatient Acute NorthBay Healthcare, Fairfield/Vacaville, CA
2005-2007	Occupational Therapist Inpatient Acute, Inpatient Rehabilitation, Outpatient Rehabilitation Queen of the Valley Hospital, Napa, CA
2007-2011	Occupational Therapist, Clinical Instructor (Level II Fieldwork) Inpatient Rehabilitation, Inpatient Acute, Outpatient Rehabilitation St. Mary's Regional Medical Center, Enid, OK
2017-2018	Occupational Therapist (Per Diem) Inpatient Rehabilitation The Rehabilitation Institute of St. Louis, St. Louis, MO
2018-2020	Occupational Therapist (Per Diem) Inpatient Rehabilitation Professional Therapy Services (St. Elizabeth's Hospital), O'Fallon, IL

Teaching Title and Responsibilities

Program in Occupational Therapy, Washington University School of Medicine, St. Louis, MO

2018	Guest Lecturer, OT 5163: Environmental Factors Facilitating Performance and Participation [3 credit hours]
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2019	Case-Based Learning Tutor, OT 5801: Case-Based Learning I [2 credit hours]
2020	Case-Based Learning Tutor, OT 5802: Case-Based Learning II [2 credit hours]
2020	Course Development/Design Team, OT 652: Evaluation and Intervention: Adults and Older Adults II [6 credit hours]
2020-2021	Case-Based Learning Tutor, OT 643 CBL II: Occupational Performance Enabling Participation [2 credit hours]
2020-2022	Lab Instructor, OT 642: Evaluation and Intervention: Adults and Older Adults I [6 credit hours]
2021	Lab Instructor, OT 652: Evaluation and Intervention: Adults and Older Adults II [6 credit hours]
2021	Guest Lecturer, OT 656: Professional Identity and Practice IV [2 credit hours]
2021-2022	Case-Based Learning Tutor, OT 643 CBL III: Occupational Performance Enabling Participation [2 credit hours]
2021-2023	Guest Lecturer, OT 623: Applied Learning Strategies in Practice and Teaching [3 credit hours]
2022-2023	Co-Course Director, OT 652: Evaluation and Intervention: Adults and Older Adults II [6 credit hours].
2023	Case-Based Learning Tutor [Student Choice Module], OT 653 CBL III: Occupational Performance Enabling Participation [2 credit hours]

Department of Health and Rehabilitation Sciences, University of Nebraska Medical Center

2022	Independent Contractor, OCCT 732: Occupation-Based Practice for Middle and Older Adults [3 credit hours]
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Department of Occupational Science and Occupational Therapy, Saint Louis University

2020	Course Co-Instructor, MOT 5200/OCS 4620: Clinical Conditions and Phenomenology [3 credits]
2021	Guest Lecturer and Lab Instructor, MOT 5560: Occupational Therapy and Community Practice [3 credits]
2021-2022	Lab Instructor, MOT 5410: Occupational Therapy in Mental Health [3 credits]

Department of Psychology, McKendree University

- 2019-2022 Instructor, PSY-153: Introduction to Psychology [3 credits]
- 2021-2022 Instructor, PSY-259: Child and Adolescent Psychology [3 credits]
- 2021-2022 Instructor, PSY-255: Introduction to Occupational Therapy [2 credits]

University, School of Medicine and Hospital Appointments and Committees

- 2021-2022 Guest Speaker, WUSOTA Professional Development Series
Washington University School of Medicine, Program in Occupational Therapy
- 2022 Interprofessional Panelist, Health Professions Leadership Council,
Washington University School of Medicine
- 2022-present Facilitator, Standardized Patient Team Experience,
Center for Interprofessional Practice and Education
- 2022-present Co-chair, Competency Attainment Committee
Washington University School of Medicine, Program in Occupational Therapy
- 2023-present Member, Technical Standards Review Working Group
Washington University School of Medicine, Program in Occupational Therapy
- 2023-present Member, Committee on Assessing Academic Achievement & Professionalism
Washington University School of Medicine, Program in Occupational Therapy

Medical Licensure and Certification

- 1999-present National Board for Certification in Occupational Therapy Certification
License: #1023257
Active
- 2003-2018 California Department of Consumer Affairs, Board of Occupational Therapy:
Occupational Therapist with Qualifications in Hand Therapy & Physical Agent
Modalities, License: #6604
Inactive
- 2007-2018 Oklahoma Board of Medical Licensure and Supervision:
Occupational Therapist, License #1536
Inactive
- 2017-present Illinois Department of Financial and Professional Regulation:
Occupational Therapist, License #056.011989
Active

- 2017-present Missouri Division of Professional Regulation, Board of Occupational Therapy: Occupational Therapist, License #2017011471
Active
- 2019-2021 Tai Chi for Health Board Certified Instructor: Tai Chi for Rehabilitation, Certification #6028424
Inactive
- 2019-present Postpartum Support International: Certified Perinatal Mental Health Professional (PMH-C) Affiliate Track, Certification #PSI096
Active

Honors and Awards

- 1995 Golden Key National Honor Society
Colorado State University
- 1997 Mortar Board National Honor Society
Colorado State University
- 1999 Quality of Life Community Service Award
Miss America Scholarship Organization
- 2014 Joint Base McGuire-Dix-Lakehurst Spouses' Club Educational Achievement Award
- 2018 Post-Professional Occupational Therapy Doctoral Student of the Year
Creighton University
- 2018 International Perinatal Bereavement Conference Scholarship
Sponsored by the Patient-Centered Outcomes Research Institute (PCORI).
- 2023 Faculty Commencement Speaker
Program in Occupational Therapy
Washington University School of Medicine

Editorial Responsibilities

- 2020-present Ad-Hoc Proposal Reviewer
Inspire Conference Abstracts
American Occupational Therapy Association
- 2022 Book Proposal Reviewer
Routledge Books: Taylor & Francis Group
- 2023 Ad-Hoc Proposal Reviewer
Adult Rehabilitation Specialty Conference Abstracts
American Occupational Therapy Association

2023 Peer Reviewer
Occupational Therapy in Health Care

Community Service Contributions

Professional Societies and Organizations

2010-present Member
American Occupational Therapy Association

2017-present Member
Public Policy Coordinator [2017-2018]
Illinois Occupational Therapy Association

2018-present Member
Nominations Committee Member [2023-present]
Missouri Occupational Therapy Association

2018-present Member
Military Specialized Support Coordinator – Air Force [2018-2022]
Support Coordinator – Illinois [2018-2019]
Postpartum Support International

2018-2019 Member
Pregnancy Loss and Infant Death Alliance

Professional and Community Engagement

1995-2000 Miss America Scholarship Organization

2007-2011 Waverley Historic District Board, Enid, OK

2008-2011 Junior Welfare League, Enid, OK

2010-2011 Key Spouse: 8th Flight Training Squadron, Vance AFB, Enid, OK

2011-2012 Key Spouse: 32nd Air Refueling Squadron, Joint Base McGuire-Dix-Lakehurst, NJ

2012-2014 Key Spouse Mentor: 32nd Air Refueling Squadron, Joint Base McGuire-Dix-Lakehurst, NJ

2017 Healthcare Educator: A Matter of Balance Program (AgeSmart), O’Fallon, IL

2017-present Program Director, BALANCED: Faith Lutheran Church, O’Fallon, IL

2018 Fontebella Maternity Home, Belleville, IL

2021-present World Class Power Tumbling & Trampoline Team Fundraising Committee,
Belleville, IL

Trainee/Mentee/Sponsorship Record

2021 Allen, R. Role: Doctoral Capstone Mentor. *The Role of Occupational Therapy in Working with Military Dependent Mothers and the Transition to Motherhood.*

2022 Brostoff, B. Role: Doctoral Capstone Mentor. *Improving the Quality of Reproductive Health Care for Transgender and Gender Expansive Individuals.*

Bibliography

Original, peer reviewed articles in refereed journals

1. ***Watson, M. A.,** Jewell, V. D., & Smith, S. L. (2018). Journey interrupted: A phenomenological exploration of miscarriage. *The Open Journal of Occupational Therapy*, 6(3), Article 7.
<https://doi.org/10.15453/2168-6408.1439>

Non-refereed publications

1. Lampe, A., Belarmino, J. A., & Misciagno, S. & **Watson, M.** (2018). Balancing work, family, and school: An occupational juggling act. *OT Practice*, 23(17), 8-11.
2. ***Watson, M.** (2019). Diverse-OT in practice: A military spouse perspective. *OT Practice*, 24(10), 19-21.
3. ***Watson, M.** (2020). BALANCED: A community balance and exercise program. *OT Practice*, 25(11), 28-30.

Abstracts

1. ***Watson, M.,** Jewell, V.D., & Smith, S. (2017). Journey interrupted: A phenomenological exploration of miscarriage. Poster session presented at American Occupational Therapy Association in Philadelphia, PA. *American Journal of Occupational Therapy*, 71(4_Supplement_1):71115105154.
<https://doi.org/10.5014/ajot.2017.71S1-PO7061>

Presentations

1. ***Watson, M.,** Jewell, V. D., & Smith, S. L. (2017). Journey interrupted: A phenomenological exploration of miscarriage. Poster Presentation. 2017 American Occupational Therapy Association Annual Conference & Expo. Philadelphia, PA.
2. ***Watson, M.** (2020). Miscarriage and the role of occupational therapy. (Poster). American Occupational Therapy Association Conference & Expo. Boston, MA. [Conference Canceled].

3. ***Watson, M.** & Jewell, V. (2020). *BALANCED: Practical tips and strategies for the development of community-based fall prevention programming*. (Short Course). American Occupational Therapy Association Conference & Expo. Boston, MA. [Conference Canceled].
4. ***Watson, M.** (2021). Miscarriage and occupational therapy. (Poster). American Occupational Therapy Association INSPIRE 2021.

Invited Presentations

1. ***Watson, M.** (Invited Presenter). (2021, June 8). *BALANCED: Practical tips and strategies for the development of community-based fall prevention programming*. [Webinar]. Canadian Occupational Therapy Association Webinar Series.
2. ***Watson, M.** (Invited Guest Speaker), Peek, L. (Guest Host), & Janes, W. (Host). (2019, September 30). *A phenomenological exploration of miscarriage* [Audio Podcast]. In the American Occupational Therapy Association (AOTA) Rehabilitation & Disability Special Interest Section (RDSIS) Evidence Interview Series. Retrieved from <http://bit.ly/2n5yPte>